

Men's belt size chart

Pants waist	Belt size in	Belt size cm	Letter
28	30	75	S
30	32	80	S
32	34	85	M
34	36	90	M
36	38	95	L
38	40	100	L
40	42	105	XL
42	44	110	XL
44	46	115	XXL
46	48	120	XXL
48	50	125	3XL+
50	52	130	3XL+

Belt = waist + 2 in. Brands vary.